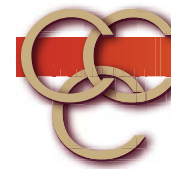


stepping
forward
registration

The next Stepping Forward
Program will commence on:

Christian City Church Whitehorse respects your
privacy and complies with the National Privacy
principles. Full details of our Privacy Policy are
available at our website: cccw.org.au or at the
church office: C3Centre, 171 Rooks Rd Vermont.

Christian City Care Inc.
C3Centre
171 Rooks Road, Vermont
Phone: 9837 2900
Fax: 9837 2999
email: care@cccw.org.au
web: www.cccw.org.au



Christian City Care Inc.

stepping
forward



stepping forward

taking charge of your life

This eight week course is designed to teach you how to take charge and get the most out of life.

It involves teaching by a friendly presenter, watching a video presentation and joining in some group discussions.

Once a week
During School Terms
at the C3Centre
171 Rooks Road, Vermont

Contact us for dates
and times

subjects include

- ▶ relationship skills
- ▶ getting in touch with emotions
- ▶ dealing with depression
- ▶ dealing with anger, conflict management and guilt
- ▶ freedom from entrapment, including codependancy and substance addiction
- ▶ unleashing your personal potential
- ▶ time and life management skills



Registration Form

stepping forward program

Please register me for this program

Name _____

Address _____

_____ P/code _____

Email _____

Contact Phone _____

Post completed form to:

Christian City Care Inc
PO Box 3092
Nunawading BC VIC 3131

or deliver to:

Christian City Care Office
C3Centre
171 Rooks Road, Vermont